



Mendham Matters

Mendham Township, NJ
Monthly Events & News

September 2018

Welcome to the Mendham Township e-newsletter! We hope you find this helps you keep track of the many events and news happening all across our community.

We want to hear from you: Please send feedback about this newsletter, or submit an announcement or event you would like to have included in the next issue to MendhamMatters@mendhamtownship.org.

Township Committee Announcements

- **Mayor's Letter:** [Read an update](#) on the progress of the Township Committee on the goals outlined by Mayor Richard Diegnan for this year.
- **Students Representatives Added to Township Committees:** Under a new ordinance passed by the Township Committee, students who live in Mendham Township and are at least 14 years old can apply to join the following town boards as non-voting members. An e-mail with a letter of interest should be sent by Sept. 15 to [Township Clerk Maria Coppinger](#) and to the contact person listed below.
 - [Environmental Commission](#). Chair Richard Cotter
 - [Historic Preservation](#). Chair Vanessa Brown
 - [Parks & Recreation Committee](#). Recreation Director Steve Eisenstein
- **Volunteer Opportunities:** Want to get involved on a board/committee? There are openings on the Board of Health, and the Environmental Commission is always seeking more Trail Stewards. For the Board of Health, [send an e-mail of interest to Secretary Melanie Politi](#). Trail Stewards should contact Brennan Reilly.

Local Government Meetings

All meetings are held at the Municipal Building 2 West Main St.

- **Township Committee meetings:** Sept. 11 & Sept. 25, 7:30 p.m
- **Board & Committee meetings**

- [Environmental Commission](#): Sept.17, 7 p.m.
- [Planning Board](#): Sept.19, 7:30 p.m.
- [Board of Health](#): Sept. 24, 7:30 p.m.
- **Brush Pickup Day**: The Fall pickup will take place on Monday, Oct. 15, by the Department of Public Works. Also, learn how to get rid of old TVs, computers, printers and more in an environmentally friendly way through the town's [new Electronics Recycling program](#).

Police Updates

- **School is Open**: All residents, in particular parents, are asked to please watch their speed on the way to and from the school! The police are getting complaints from residents who live on East/West Main Streets as well as Tingley Road.
- **See Something? Say Something!** Please report any suspicious activity day or night immediately! If you see something that doesn't look or feel right, please call the Police Department right away!
- **Going Away?** Please register your home for a vacant home check with the Police Department! It takes only 5 minutes! You can call the police during the week between 8 a.m.-4 p.m., or stop by headquarters at 3 Cherry Lane, Brookside.
- **New Emergency Notifications System**: [Please sign up for the new Alert Mendham Township emergency notifications](#), if you have not already!
- **Follow the Police Dept.:** The Department posts on [Facebook](#) and [Twitter](#) (@MendhamTwpPD) regularly, with important information and updates!

Activities for Kids

- **Schools Out Programs- Birding**: Sept. 19, 9:00-noon. [Schiff Nature Center](#). 339 Pleasant Valley Rd. Ages 6-12. Bird is the Word - Have fun learning all about birds, while exploring the trails searching for our feathered friends.
- **Family Time - Twirling Twig Mobile**: Sept. 20, 4-5:30 p.m. [Schiff Nature Center](#). 339 Pleasant Valley Rd. Using twigs from Schiff's trails and some fun colored yarn, make cool twirling twig mobiles to decorate your home!
- **Pumpkin Patch Opening**: Sept. 30, 10 a.m.-4 p.m., [Backer Farm](#). 32 Ironia Rd. Pick pumpkins, feed the animals, take a hayride and enjoy the picnic area (BYO goodies). Patch will be open Saturdays and Sundays through October.

Fundraisers & Ceremonies

- **6th Annual Mendham Community 1st Responders Golf Outing:** Sept. 24, 11 a.m. at the Mendham Golf & Tennis Club, 2 Golf Lane. Golf, food, fun and prizes, benefiting the First Aid and Fire Departments of the Mendhams. Open to all men and women. Get more information: [Mendham Borough & Mendham Township PBA](#).
- **Schiff Nature Preserve Gala:** Sept. 29, 6-9 p.m. at the Manor House, 339 Pleasant Valley Rd. Enjoy an enchanted evening featuring guided manor house tours, historical exhibits, live music, auction items and more. Buy ticket online at: [Schiff Nature Preserve](#).
- **Unstoppable Girls:** A group of determined seventh-grade girls from Mendham Township are leading a fundraising effort to renovate the Brookside Community Club.

Cultural & Historical Events

- **Ralston Cider Mill Tour:** Sept. 16 & Sept. 23, 1-5 p.m. Ralston Cider Mill, 336 Mendham Rd. West. Learn about the interesting history and complex construction of New Jersey's last remaining cider mill. Annual apple pressing on Oct. 13, 1-4 p.m.
- **Harmony Brookside Art Gallery:** Sept. 5-29. Wednesdays-Saturdays, 10 a.m.-4 p.m. Susan Gray Decker: "Virginia Inspiration"

Health & Well-Being

- **Yoga-to Go:** Sept. 11 – Oct. 30, Tuesday Mornings, 9:30-10:30 a.m. Brookside Community Club, 1 East Main St. Hatha style yoga is designed for all adults regardless of experience. Second session will run Nov. 6– Dec. 18
- **Yoga at Backer Farm** 32 Ironia Rd. All levels are welcome. Please bring a mat and preregister. Class will be held rain or shine.
 - **Vinyasa Flow:** Sept. 13, 6-7 p.m. Join Yoga Essence for Vinyasa on the farm.
 - **Sip, Stretch, Repeat Yoga:** Sept. 29, 4-5:00 p.m. Enjoy a flow for all levels in a gorgeous outdoor yoga space, while incorporating some delicious vino.

- **2018 Flu Clinic:** Sept. 26, 9-11 a.m. & Sept. 27 - 4 p.m.-6 p.m. Municipal Building (2 West Main St.) [Mendham Twp Health Dept.](#) Flu Clinic for residents 18 and older. 65 and older is free with Medicare card, 18 and older is \$25.00.
- **Public Health Nurse:** Please welcome Kathy Basile, RN, MS, MSN, ONC. She will be at the Municipal Building on the 1st and 3rd Thursdays of each month from 9 a.m.-12:30 p.m. Stop by for a Blood Pressure check, referral, or just to say hello!

Nature & Outdoors Activities

- **[Programs at Schiff Nature Preserve](#)** 339 Pleasant Valley Rd. Advance registration is required for all events. If online registration is closed, contact environmentaleducator@schiffnaturepreserve.org. Email info@schiffnaturepreserve.org or call 973-543-6004
 - **[Environmental Book Club](#):** Sept. 15, 7-8:30 p.m. This month's book to be discussed is American Wolf, a true story of survival and obsession in the West, by Nate Blakeslee.
 - **[Volunteer Day @Schiff](#):** Sept. 15, 9-11 a.m. Volunteer Day provides the community an opportunity to work side by side with Schiff staff and Board members in a variety of hands-on projects.
 - **[Singing Bowl Meditation with Ana Cecera](#):** Sept. 15, 7-8:15 p.m. Come and join a Singing Bowl Meditation to restore and energize your emotional, spiritual and physical bodies.
 - **[Yoga Hike @ Schiff Nature Preserve](#):** Sept. 16, 9-11 a.m. Join Off The Grid at Schiff Nature Preserve for an easy hike and gentle yoga session, suitable for both beginners and experienced practitioners.
 - **[Monthly Gong Meditation](#):** Sept. 16, 7-8:15 p.m. Surrender to deep relaxation at our monthly gong meditation.
 - **[Pottery in the Woods](#):** Sept. 22, 3-5 p.m. Introducing a new course, fusing nature, and ceramics.
 - **[Full Moon Hike](#):** Sept. 22, 7:30-9:30 p.m. Join a naturalist to hike 2 miles around the trails of Schiff and experience the magic of the forest.
 - **[Bears of New Jersey](#):** Sept. 27, 7-8:30 p.m. Learn about the nature of black bears, one of New Jersey's most beautiful animals.

School Sports Calendars

- **[Mendham Township Middle School Athletics](#)** (includes Cross-County, Girls & Boys Soccer, and Girls Field Hockey)

- [West Morris Mendham High School Athletics](#) (includes Boys Cross-Country, Boys Football, Girls Volleyball, Girls Field Hockey, and Girls & Boys Soccer)

More News Sources

For more town information, please visit the [Mendham Township Website](#).

Check out the many events and activities offered by the [Mendham Township Library](#).

View town meetings, parades, other events and more on [Mendham TV](#).