

Provided by:

Mendham Township

Board of Health



Keep your mask on the entire time you are in public



Wear the mask over your mouth and nose

Stay at least 6 feet away from others



Make sure to properly dispose of your masks and gloves in the garbage!

HOW TO WEAR MASKS

MENDHAM TOWNSHIP BOARD OF HEALTH



- Put it over your nose and mouth and secure it under your chin
- Fit it snugly against the sides of your face
- Make sure you can breathe easily
- Handle only by the ear loops or ties



- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing
- Make sure to throw out all gloves and masks in the garbage

PROTECTING MENDHAM TOWNSHIP

Presented by: Mendham Township Board of Health



Wear cloth face coverings in public places



Use ties or loops to remove your mask—avoid touching the front of the mask



Cover your mouth and nose and make sure there are no gaps



Wash and dry your cloth mask frequently



Make sure to throw gloves and masks in the garbage